

MEDICAL CERTIFICATE OF ABSENCE OF CONTRAINDICATION TO THE PRACTICE OF SPORT OR ORIENTEERING

According to French law, all participants to an orienteering race must present at accreditation either a French orienteering license or a medical certificate stating non contraindication either to the practice of sport or to the practice of orienteering. If the participant want to be timed or included in the race results, this certificate shall state non contraindication either to the practice of sport in competition or to the practice of orienteering in competition. This certificate shall be less than one year old on the day of the inscription at the event.

Doctor of Medicine (Name, Surname)

Hereby state that Mr, Ms (Name, Surname)

Born on (dd/mm/yyyy)

presents, today, an apparent absence of medical contraindication to the practice of

- sport orienteering (please tick only one of the two options)
 in competition (shall be ticked to be timed or included in the results)

Date (dd/mm/yyyy)

Doctor's signature and stamp

